

MARCH

Falls Active Adult Center

SR 92 Falls, Exeter Township

Twila Watkins - Director

570-388-2623

Daily Activities: Cards, Games and Puzzles

Weekly Activities: Mondays – Craft Club 10 -12

Tuesdays - Men's Coffee Club 10 -11:45

Tuesdays & Thurs. Geri Fit 10:45 -11:45

March 2022 Activities

Monday 3/7 10:30 Book Club "The Orphan's Tale" by Pam Jenoff

Tuesday 3/8 Lunch & Learn at 12:15 by Lois Elick, RN,BSN PA.

Dept. of Health," Nutritious Eating on a Budget"

Thursday 3/17 Lunch & Learn 12:15 by Mary Reeves, LSW, from

The Gardens At Tunkhannock "Good Nutrition, Sticking to the List'

Tuesday 3/22 Center Closed

Friday 3/25 Wilkes University Pharmacy Students Wellnes 11:30 -12:30

Wed. 3/30/22 Lunch & Learn 12:15 by Rachael Wydra, RN,BSN PA. Dept. of Health will discuss" How Our Moods Affect How we Eat"