

INTERESTED IN LOCAL NALOXONE TRAININGS?

For availability of local Naloxone Trainings contact:

1. Luzerne/Wyoming Counties Drug & Alcohol Program (570) 826-8790 ext. 4
2. PA Department of Health, NE District Office (570) 793-2100
3. Wyoming Valley Alcohol and Drug Services (570) 820-8888
4. Pathway To Recovery Counseling and Educational Services (570) 455-9902



**LUZERNE/WYOMING COUNTIES
DRUG & ALCOHOL PROGRAM
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SECOND FLOOR
WILKES-BARRE, PA 18701-3505**

LUZERNE/WYOMING COUNTIES DRUG & ALCOHOL PROGRAM



OPIOID OVERDOSE FACT SHEET

WHAT ARE OPIOIDS?

Vicodin, Codeine, OxyContin, Percocet, Methadone, Opana, and Fentanyl. Heroin is also an opioid.

WHO CAN OVERDOSE?

Anyone who uses drugs or medications can overdose. Opioid overdose can cause death because you can stop breathing.

WHAT HAPPENS DURING AN OVERDOSE?

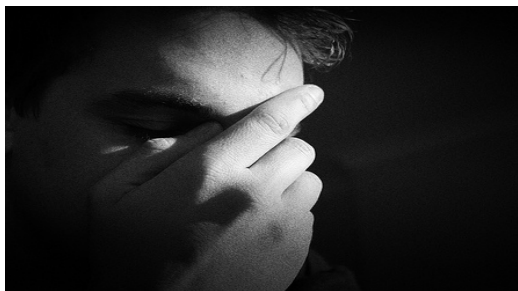
- Can be instantaneous, but often occurs 1-3 hours after use
- Body ingests more than it can handle
- Oxygen can't get to the brain
- Heart may stop

RISKS FOR OVERDOSE

- > Mixing opioids with other drugs or alcohol
- > Physical Health (liver functioning, weight loss)
- > Variation in strength and content of "street drugs"
- > New dealer/new product
- > Tolerance changes (coming out of jail or treatment)
- > Switching from sniffing to injection
- > Using alone

SIGNS/SYMPTOMS OF OVERDOSE

- > Lips/fingertips turn blue
- > Passing out
- > Body is limp
- > Choking/gurgling/snoring sounds
- > Face is pale
- > Breathing is slow, irregular, or stopped
- > Pulse is slow, erratic, none
- > Awake, but unable to respond
- > Throwing up



WHAT CAN YOU DO?

- > Don't leave them alone
- > Try to wake them by gently shaking them or calling their name
- > Call 911
- > Can you hear them breathing? Look, listen, and feel for signs of breathing
- > Do rescue breathing
- > Administer Naloxone (Narcan) as directed



WHAT IS NALOXONE?

Naloxone, also known as Narcan, is a safe, effective medication that can save a life by stopping an opioid overdose.

Naloxone is available as a nasal spray or as an injection.

In addition to being carried by Paramedics, First Responders, and Law Enforcement personnel, individuals and family members can also obtain Naloxone.



LEARN MORE ABOUT PREVENTING OVERDOSE:

Visit www.getnaloxonenow.org for available training

Visit <http://www.ddap.pa.gov> and click on the red tab REVERSE OVERDOSE to access the Friends and Family Guidance Toolkit, learn more about ACT 139 and the Good Samaritan Provision

