



nami

National Alliance on Mental Illness

**Luzerne-Wyoming
Counties PA**

NAMI Family-to-Family is a free, 12-session educational program for family, significant others and friends of people living with mental illness. It is a designated evidenced-based program. Research shows that the program significantly improves the coping and problem-solving abilities of the people closest to an individual living with a mental health condition. NAMI Family-to-Family is taught by NAMI-trained family members who have been there, and includes presentations, discussion and interactive exercises.

CLASS MEETS WEDNESDAY EVENINGS FROM 6:00 – 9:00 PM BEGINNING MARCH 20TH
100 EAST UNION ST. SUITE#6 2ND FLOOR WILKES-BARRE PA 18702

Class Registration 2019

**Please fill out the form below:
Your information will be kept confidential.**

Name: _____

Address: _____

Zip Code: _____

Email: _____

Phone: (_____) (_____)

Your relationship to family member with mental illness: _____

Their Age: _____

Their Diagnosis: _____

How did you hear about this class? _____
